# Are You a Provider or Lead Teacher?

QUALITYstarsNY is excited to offer coaching for participating programs and their teaching staff.







## **Grow your skills and confidence!**

Early childhood teaching can be challenging. Juggling the demands of planning, implementing a new curriculum, working with families, and managing your learning environment can feel overwhelming.

Take this opportunity — **at no cost to you or your program** — to receive support from an early childhood coach.

### An early childhood coach can help you:

- Sharpen your observation skills to better understand your children
- Implement strategies for managing your learning environment
- Plan engaging learning activities
- Manage your time
- Prioritize your goals

To learn more, speak to your Quality Improvement Specialist or email Coaching Manager Tiehia Schonberger: *tschonberger@qualitystarsny.org* 





#### What are the requirements to participate?

To participate in QUALITYstarsNY Program Quality Coaching, you must:

- Be an Early Childhood Educator (e.g., Provider, Lead/Assistant Teacher, Teaching Team) within a QUALITYstarsNY participating program
- Be interested in engaging in a coaching partnership
- Be available to participate in coaching sessions

#### How does coaching work?

First, your coach will get to know you. They will take time to learn about your interests, strengths, and challenges. Together, you will select an area of early childhood practice on which to focus, and hone in on one or two goals. You and your coach will create a plan to work toward those goals. You will determine how you would like to learn and practice new skills. You might decide to use observations, video, co-teaching, modeling, or a combination of these strategies. Coaching conversations are an essential component of each coaching visit and provide an opportunity for you to reflect, engage in dialogue about your practice, and assess progress toward meeting your goals.

A Program Quality Coach will visit your learning environment every other week at a minimum, and much of the support you receive from your coach is embedded within your typical daily activities/routines. During those visits, your coach will observe. They might also model new strategies or support you as you try out something new. During scheduled follow-up sessions, you and your coach will reflect on your work and discuss areas in which you'd like to grow.

#### I am interested. How can I get started?

Speak to your Quality Improvement Specialist or email Coaching Manager Tiehia Schonberger: *tschonberger@qualitystarsny.org* to learn more.