

Child and Adult Care Food Program (CACFP)

Information Session for Non Participating Providers



HUNGER SOLUTIONS
NEW YORK UNITING POLICIES AND
PROGRAMS TO END HUNGER

QUALITYstarsNYSM

Today's Agenda

- Hunger Solutions New York
- Child Hunger in NYS
- CACFP
- Additional Resources
- Questions & Answers

Hunger Solutions New York is a statewide anti-hunger organization.

We increase **awareness** of, **support** for, and **participation** in federal nutrition assistance programs.

- Supplemental Nutrition Assistance Program (SNAP)
- Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- School Breakfast Program (SBP)
- Community Eligibility Program (CEP)
- Summer Food Service Program (SFSP)
- Child and Adult Care Food Program (CACFP)
- Summer-EBT

How Do We Help?

- **Technical Assistance**

- Connect with us! We work one-on-one to provide assistance, answer questions, connect you with peers, other organizations and more.

- **Resources**

- Use and share our resources, information and best practices to help reach more providers with CACFP information.

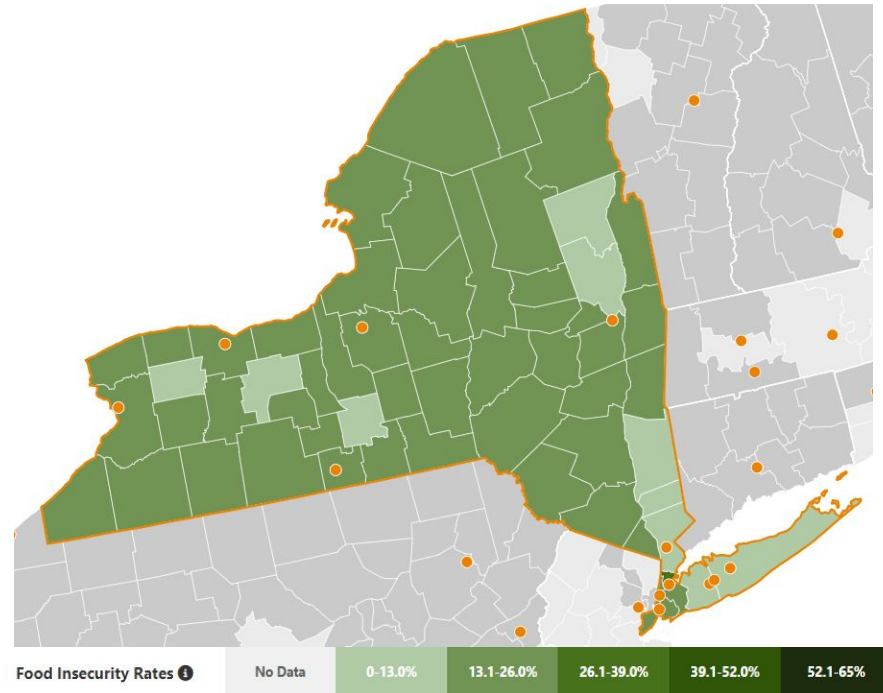
- **Advocacy**

- Working with partners helps us advocate for investments and inform improvements in child nutrition programs.

Child Hunger in New York State

Food insecurity is defined as a lack of consistent, dependable access to nutritious foods needed for an active and healthy life.

1 in 5 children are food insecure in New York.



Source: Feeding America (2022) [Map the Meal Gap, Child Food Insecurity in New York](#).

Consequences of Food Insecurity

Food insecurity has been shown to:

- Impede physical development
- Impact social, emotional, and cognitive development
- Contribute to poor health outcomes long-term

Low-income and marginalized populations are disproportionately impacted.

Source: Food Research and Action Center (2018) [Research Brief: Connections Between Food Insecurity, the Federal Nutrition Programs, and Student Behavior.](#)

Childcare Meals

The Child and Adult Care Food Program:

- **Funded** through the United States Department of Agriculture.
- **Administered** by the NYS Department of Health.
- **Underutilized** across NYS and the nation.



CACFP In NYS

Participating centers served an average of **4,480,769**¹ meals each month in 2022 to children in care.

1,275¹ Day Care Centers claimed reimbursement for At-Risk Meals* in 2022.

Home based child care providers served an average of **2,970,160**¹ meals each month to children in care.

¹ Source: NYSDOH (2023): https://www.health.ny.gov/statistics/prevention/nutrition/cacfp/ytd_fedfiscalyear_statistics.htm.

Benefits of CACFP

- Helps with development of lifelong healthy eating habits.
- Improves nutrition security.
- Offsets the cost of food for providers and families.
- Can lower the cost of care for families.
- Providers can access additional trainings & support.

Indicator of Quality Care



PH4 - Provider promotes the consumption of meals and snacks that meet the Child and Adult Care Food Program (CACFP) meal pattern for the ages served.

Childcare Meals

The Child and Adult Care Food Program:

- **Reimburses** child care providers for healthy food served to kids 12 and under in eligible child care programs.
- **Reimburses** afterschool providers for snack/supper served to children in eligible afterschool programs ages 13-18*.

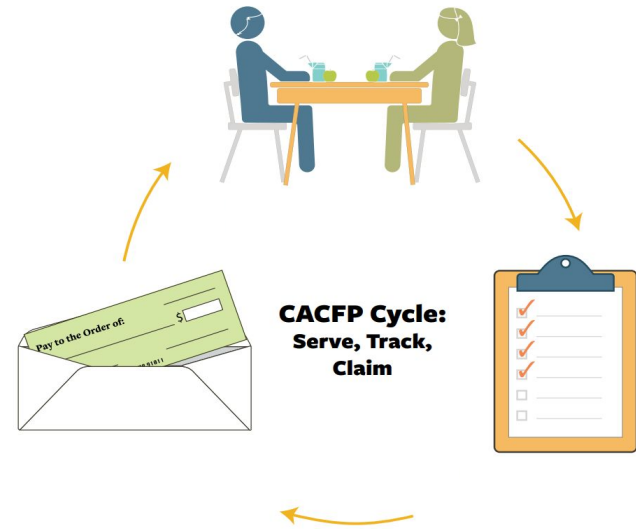


Who is eligible to participate?

- Child Care Centers
 - If for-profit, at least 25% of enrolled children either receive tuition subsidies or are eligible for free or reduced-price meals
- Family & Group Family Day Care Home Providers
- Legally Exempt Providers
- Afterschool Programs*

How It Works

- **Serve** meals compliant with CACFP meal patterns.
- **Track** how many meals are served.
- **Request** reimbursement on a monthly basis.
- Participating programs **receive a per-meal/snack reimbursement.**



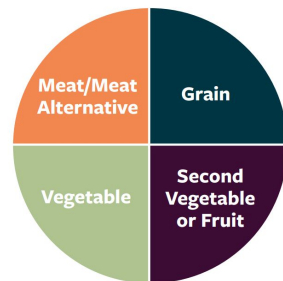
How It Works

Meals and snacks must follow CACFP **meal patterns**.

Sample menus and more available on our [webpage](#).

Meals = 5 components

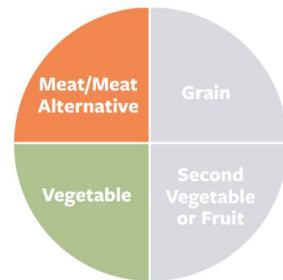
Snacks = 2 components



Fluid Milk



Grilled chicken sandwich on a whole grain bun with carrot sticks, an apple, and 1% milk



Fluid Milk



Hummus, cucumber slices, and water

Meal Reimbursement

- Infants
- Children through age 13
- Children of migrant workers ages 15 and under
- Children with disabilities up to 18 years
- Children ages 13-18 (At-Risk)*

Reimbursement for Child Care Centers

- Reimbursement rates will **vary** depending on the household income of children served.
- CACFP provides reimbursement for **2 meals & 1 snack or 2 snacks & 1 meal per day.**

Example Free Reimbursement		
25 children x 20 days		
Lunch	2 Snacks	Total
\$ 2,215	\$ 1,210	\$ 3,425

Reimbursement for Child Care Homes

- Reimbursement rates will **vary** depending on the household income of children served.
- CACFP provides reimbursement for **2 meals & 1 snack or 2 snacks & 1 meal per day.**

Example Tier 1 Reimbursement		
5 children x 20 days		
Lunch	2 Snacks	Total
\$ 315	\$ 186	\$ 501

CACFP Sponsors

- Nonprofit organizations
- For profit organizations (centers only)
- Educational organizations
- Government Agencies: City, County, Tribal, Military

CACFP Sponsors

- Assist with program administration & reimbursement claims.
- Offer training, guidance, monitoring & technical assistance to ensure program compliance.
- Find your local [sponsor online](#) or call the growing up healthy hotline: 1-800-522-5006

More ways to connect with CACFP

- **Subscribe to our newsletter**
 - Opportunities to get involved
 - CACFP research and updates
- **Share your story**
 - Help other providers understand how participating in CACFP adds value to programming.
- **Connect with your representative**
 - **Schedule a site visit** to educate your representative about the impact that CACFP has on providers and children.

Child care providers as trusted messengers

- **WIC:** Help spread the word about WIC. Individuals can visit WICHelpNY.org to see if they are eligible **today!**
- **SNAP:** the Nutrition Outreach and Education Program (**NOEP**) offers **free & confidential** services to connect New Yorkers with SNAP. To find a local NOEP Coordinator, visit FoodHelpNY.org.
- **Summer Meals:** Families can visit SummerMealsNY.org to find summer meal sites, outreach materials and more.

Next steps & additional resources

To Apply:

- [Screen for eligibility](#)
- **Homes:** connect with a [sponsor](#)
- **Centers:** apply for CACFP
 - E-mail cacfp@health.ny.gov
 - Use the subject line “Outreach Coordinator”

More information:

- [NYSDOH - CACFP](#)
- NYSDOH [crediting handbook](#)
- USDA [Food Buying Guide](#)
- [Institute of Child Nutrition](#)

Stay Connected!

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Visit us Online:

HungerSolutionsNY.org

ChildcareMealsNY.org

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